



**ACSi**  
ASSOCIATION OF  
CUTANEOUS SURGEONS  
INDIA

presents

**SERIES 2024**

**गुणरथ**

Learning Curve Expedited...

**18,19**

May 2024

**Grand Hyatt  
Goa**



## Our Ethos

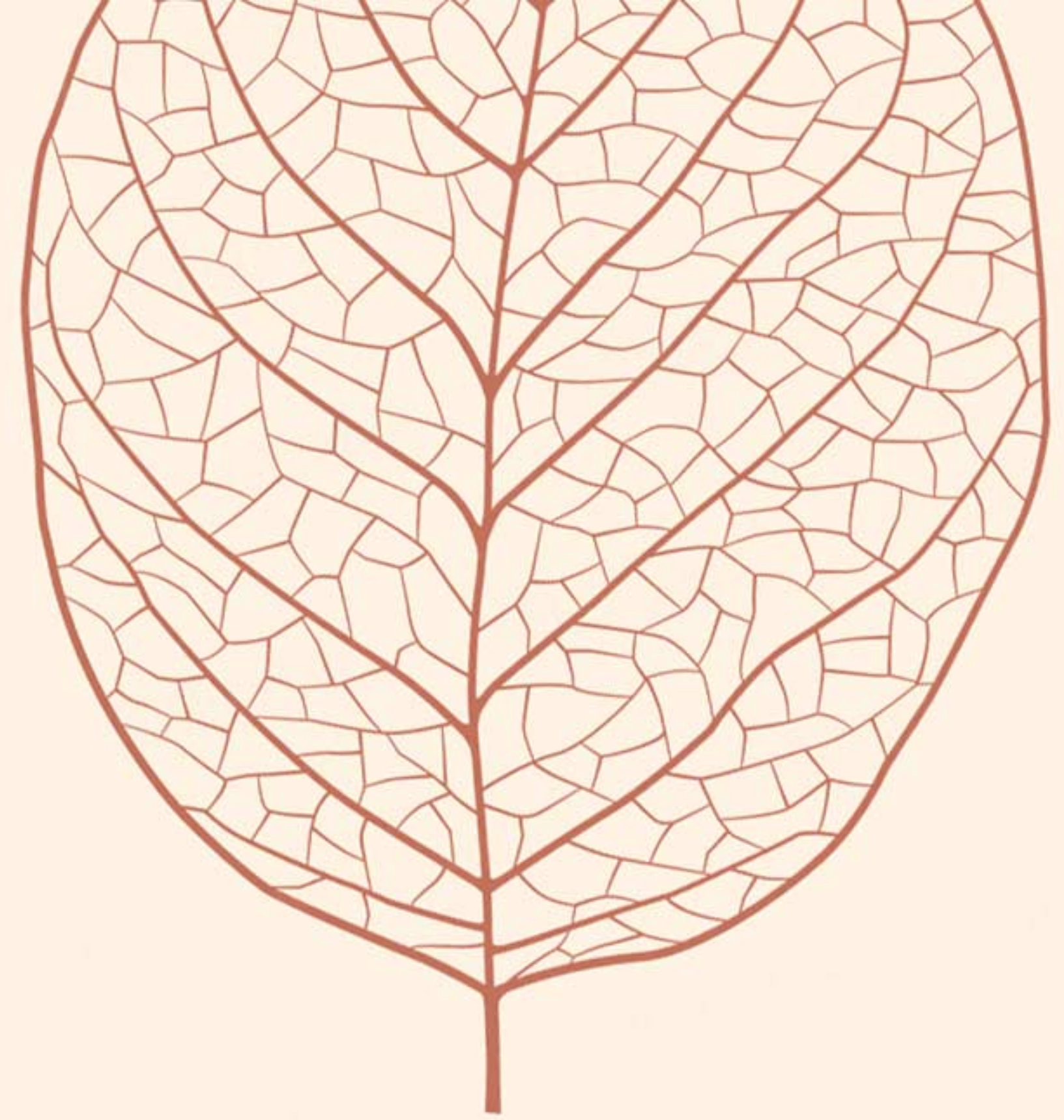
### Introducing the Concept...

Gurukul educational system is a traditional schooling method in India with students living near their Gurus learning the skills to face life. ACSI Gurukul intends to provide an environment which rekindles the innate sense of inquiry present in every delegate, equipping them with the skills to enhance their practice.

## Our Curriculum

### Learn Beyond the Textbooks...

Well thought out topics in the three different streams of Dermatosurgery, Aesthetics and Lasers will be dealt with in a structured and unhurried manner. ACSI Gurukul will be a 'no didactic lecture' program. All the sessions will be held in a single hall. All the sessions will be held in a single hall allowing the delegate to soak in the lessons without having to go back and forth. Unique academic sessions like 'delegate case presentation' 'grand panel' promises to make Gurukul Series an interactive session beyond par. The nuances of the various surgical & aesthetic techniques will be discussed threadbare. The first episode of ACSI Gurukul Series will focus on select indications with inputs from experts in surgical & aesthetic fronts giving a practical and 360-degree view to the delegate. The discussions will be oriented such that it can be put into practice the very next day.



## Our Gurus

### Shaping Minds, Inspiring Futures...

Handpicked faculty from across the country will be handling the curated curriculum. Expertise over hierarchy would be the mantra for faculty selection. The stress is on delegate learning rather than expounding facts & figures.

## Our USPs

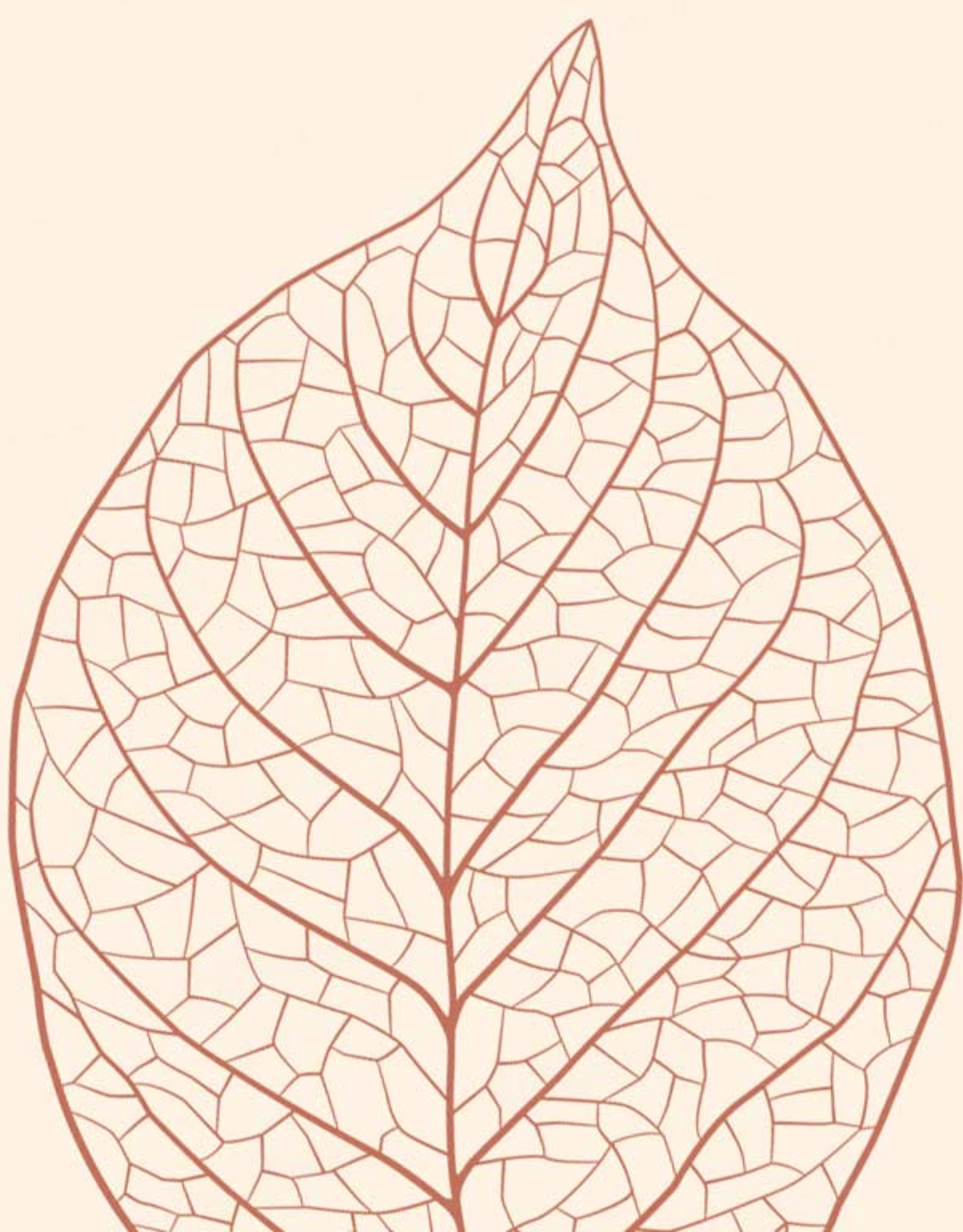
### What makes us Unique...

The innovative approach to learning is the trademark of ACSI Gurukul. However, the academics is not the only thing that Gurukul apart from the run of mill conferences. After an immersive academic program, our team offers a sundowner on the warm beaches of Goa. Witnessing sunset is like witnessing magic unfold before your eyes. A carnival mood, sweetness of friendship and a delicious cuisine adds to the charm. Nourishing the mind, soul and body alike, ACS(I) Gurukul is an entire package to savour.

## Our Venue

### Our Apt Ambience...

Goa, India's smallest state, is renowned for its picturesque beaches, attracting globetrotters seeking sun, sand, and vibrant culture. The beaches are known for its lively atmosphere and water sports. Goa's beaches serve as a melting pot of relaxation, adventure, and a rich blend of cultural influences. Redefining luxury at the heart of Goa, Grand Hyatt Goa overlooks the visually stunning waters of the Bambolim Bay. The Grand Ballroom has an apt atmosphere to soak in the learning. Residential registration services ensure that you have the best of both worlds - deeply engaging academics as well as the magnificent surroundings.





**18 May 2024**

**Discourse 1 (9.00 AM – 10.00 AM)**

**BASICS OF DERMATOSURGERY**

A stitch in time saves nine..

Sequence	Acharyas	Gurus
Simple excision scenarios <ul style="list-style-type: none"><li>○ Mole on face</li><li>○ Sebaceous cyst on trunk</li></ul> Local Anesthesia Suturing <ul style="list-style-type: none"><li>○ Ideal scenario, Variations possible</li><li>○ Modifications, Advanced for specialized situations</li><li>○ Complications and how to handle? Suturing in complex situations</li></ul> Dressing of sutured wounds <ul style="list-style-type: none"><li>○ In challenging sites</li><li>○ In challenging situations</li></ul> Audience interaction Tips and tricks	Dr. Madura C	Dr. Divya Gorur Dr. Nitin Barde Dr. Anand Mannu Dr. Yogesh Bhingradia Dr. Saurabh Singh Dr. Manas Chatterjee

**Discourse 2 (10.00 AM – 11.00 AM)**

**VITILIGO SURGERY**

The truth, the change and the hope..

Sequence	Acharyas	Gurus
Management of unstable vitiligo Stable small areas, Stable large areas on trunk/limbs NCES vs FCES Special sites: eyelids/lips/others (Suction blister plus ultrathin grafts) Special situations: Palms/areola/genitalia (Punch grafting) Miscellaneous techniques Jodhpur/total depigmentation/ Laser/ Camouflage/Micropigmentation/Innovations Audience interaction- Challenges in management	Dr. Salim T	Dr. Debdeep Mitra Dr. Munish Paul Dr. Somesh Gupta Dr. Sushil Sawant Dr. Deepti Ghia Dr. CR Srinivas Dr Koushik Lahiri

**Discourse 3 (11.00 AM -11.45 AM)**

**NAIL SURGERY**

Life is not perfect but your nails can be..

Sequence	Acharyas	Gurus
Nail biopsy indication scenarios and Nail anesthesia Nail biopsy procedures Ingrown toe nail (Basic) Ingrown toe nail (Advanced surgeries) Nail tumors Other interventions in nail (Intramatrixial injection/Lasers) Audience interaction- Challenges in management	Dr. Chander Grover	Dr. Harish Prasad Dr. Nitin Barde Dr. Manas Chatterjee Dr. Sushil Tahiliani, Dr. Manas Puhan



**Discourse 4 (11.45 AM – 12.15 PM)****MANAGING VASCULAR LESIONS**

Heart is not the only place where bleeding needs control..

Sequence	Acharyas	Gurus
Vascular tumors- Basic approach Sclerotherapy Lasers Surgical options Miscellaneous procedures Audience interaction- Challenges in management	Dr. Niti Khunger	Dr. Arun Inamadar Dr. Sacchidanand, Dr. Avitus John, Dr. Selvam, Dr. Somesh Gupta, Dr. Swapnil Shah

**Discourse 5 (12.15 PM -1.00 PM)****CUTANEOUS TUMOURS**

Curtailling the progression..

Sequence	Acharyas	Gurus
Approach to Cutaneous tumors & Dermoscopy Topicals, Basic flaps Advanced Flaps, Modifications, RF, Cryotherapy Moh's surgery Audience interaction- Challenging cases	Dr. Yogesh Bhingradia	Dr. Vinay Keshavamurthy, Dr. Saurabh Singh, Dr. Sushil Sawant

**LUNCH (1.00 PM – 2.00 PM)****Discourse 6 (2.00 PM – 3.00 PM)****INJECTABLES**

Confidence Boosters...

Sequence	Acharyas	Gurus
Botulinum toxin (Basic)- forehead lines, crows' feet, bunny lines, gummy smile Botulinum toxin (Other indications) hyperhidrosis, pruritus, rosacea, post herpetic neuralgia, pruritus, Hailey Hailey disease Fillers for defects and scars- facial deformities, morphea, lipoatrophy Advanced filler indications- Lip enhancement, earlobe plumping, earring ptosis, breast and buttock enhancement Audience interaction- Challenges in management	Dr. Jaishree Sharad	Dr. Sandeep Arora, Dr. Pradeep Kumari, Dr. Maya Vedamurthy, Dr. Rajetha Damisetty Dr. Shehnaz Arsiwala



**Discourse 7 (3.00PM -4.00 PM)****FACIAL REJUVENATION**

Turn back the clock..

Sequence	Acharyas	Gurus
Injectables for rejuvenation- PRP, Microbotox, Fillers, Boosters, PDRN, exosomes Devices for rejuvenation- dermaroller & dermapen, MD, lasers (fractional and nonfractional), EBDS, LED, photobiodynamic, hydrafacial Chemicals for rejuvenation Threads Combination Audience interaction- Challenges in management	Dr. Shehnaz Arsiwala	Dr. Pradyumna Vaidya Dr. Pradeep Kumari Dr. Rajetha Damisetty, Dr. Gulhima Arora, Dr. Maya Vedamurthy

**COUNCIL 1 (4.00 PM – 5.15 PM)****HAIR TODAY, GONE TOMORROW**

Sequence	Acharyas	Gurus
Hair loss, AGA, FPHL, Scarring hair loss Medications, PRP, FUE, Dermaroller, Lights, Botulinum, Cosmeceuticals, Flaps	Dr. BS Chandrashekhar, Dr. Anil Abraham, Dr. Swapnil Shah	Dr. Venkataram Mysore Dr. Narendra Patwardhan Dr. Ganesh Pai, Dr. Anil Ganjoo Dr. Shehnaz Arsiwala Dr. Pradeep Kumari

Any questions for the day from delegates will also be discussed in the Council. Email your queries in advance to the co-ordinators

Co-ordinators: **Dr. Nitin Jain** drnitinbendsure@gmail.com +91 9225502007  
**Dr. Senkadhir** vendhan100@gmail.com +91 8056597204

**FUN QUIZ (5.15 PM – 5.30 PM)**

Acharyas **Dr. Rajyalaxmi K, Dr. Debdeep M**  
Coordinator **Dr. Anand Mannu**

**19 May 2024****Discourse 8 (9.00 AM -9.45 AM)****KELOIDS AND HYPERTROPHIC SCARS**

No longer markers of survival..

Sequence	Acharyas	Gurus
Non energy-based interventions Energy based interventions Surgery for keloids/hypertrophic scars Innovations in treatment of keloids/hypertrophic scars Audience interaction- challenging cases/complications	Dr. Somesh Gupta	Dr. Kanika Sahni Dr. Swapnil Shah Dr. Divya Gorur Dr. Harish Prasad Dr. Madura C Dr Salim T



**Discourse 9 (9.45 AM – 10.30 AM)****HIDRADENITIS SUPPURATIVA**

Locating the keys to the invisible epidemic..

Sequence	Acharyas	Gurus
Medical management + Supportive Procedural interventions by Dermatologist RF epilation and intralesional Hyaluronidase + Triamcinolone Laser hair removal Prevention and tips and tricks Audience interaction- Challenges in management	Dr. Biju Vasudevan	Dr. Anand Mannu, Dr. Somesh Gupta, Dr. Sriharsha, Dr. Pradyumna Vaidya Dr. Venkataram Mysore

**Discourse 10 (10.30 AM – 11.15 AM)****FAT PREPARATION AND TRANSFER**

A slim abdomen and a body is a beauty forever..

Sequence	Acharyas	Gurus
Microfat steps of preparation and injection Fat for rejuvenation- Nanofat, SVC Fat for other indications Advancements in Fat transplant Audience interaction- Challenging cases	Dr. Nilesh Goyal	Dr. Dhanraj Chavan Dr. Kanika Sahni Dr. Nitin Jain

**Discourse 11 (11.15 AM – 12.15 PM)****RECENT ADVANCES IN DERMATOSURGERY & AESTHETICS**

Back to the future..

Sequence	Acharyas	Gurus
Stem cells HIFU and Functional muscle stimulation Non-surgical rhinoplasty Meso – Skin and hair, Dutasteride meso Orbital rejuvenation- Blepharoplasty, non-surgical injectables, EBDS Photography: Simple ways and best results Audience interaction	Dr. Nitin Jain Dr. Pradeep Kumari	Dr. Shuken Dashore Dr. Shehnaz Arsiwala Dr. Sandeep Arora Dr. Sanjeev Aurangabadkar

**Discourse 12 (12.15 PM- 1.15 PM)****FACIAL PIGMENTATION**

Fairness is not the only gospel truth..

Sequence	Acharyas	Gurus
Aetiology and approach- LPP, Acanthosis, Melasma, Riehl's, Pigmented contact dermatitis, Periocular melanosis, PIH Topical medications Chemical peels & Periorbital pigmentation Devices Audience interaction	Dr. Rajetha Damisetty	Dr. BS Chandrashekhar, Dr. Shyamanta Barua, Dr. Pradeep Kumari Dr. Sanjeev Aurangabadkar, Dr. Jagdish Sakhiya Dr. Jaishree Sharad Dr Selvam



**Lunch (1.15 PM -2.00 PM)**

**HOT SEAT (2.00 PM – 3.30 PM)**

## **INNOVATIONS**

An innovative mind can be a devil's workshop..

Acharya : **Dr Venkataram Mysore**

Gurus : **Dr Jagdish Sakiya, Dr Salim, Dr Dinesh D, Dr Ganesh Pai, Dr Jaishree Sharad, Dr Swapnil Shah, Dr Somesh Gupta**

Co-ordinators : **Dr Sriharsha & Dr Anand M**

- Innovative ideas presented by the delegates and discussed by the Acharyas and Gurus.
- Nine best ideas selected for presentation. Send your submissions to **sriharsha\_dermat@yahoo.co.in** for selection.
- Guidelines for Innovation Submission.
- Innovations to be sent in full text and supported images and video presentation.
- Text- Maximum of 600 words divided into following sections:
- Background/Introduction.
- Innovation- to be described in detail including method, materials, results and discussion.
- How innovation will help practise?
- How is it an improvement over existing technologies/procedures?
- Cost of the product.
- Future prospects of the innovation.
- Figures- related to equipment, materials or results.
- Video: Video of the procedure or technology or equipment in use. Max time of video presentation: 3 min

**COUNCIL 2 (3.30 PM – 4.45 PM)**

## **SCARS ARE MEMORIES FOREVER**

<b>Sequence</b>	<b>Acharya</b>	<b>Gurus</b>
Facial scars, Acne and non-acne scars- subscision- needle, blunt cannula, Taylor's, Punch floatation, Z plasty, fractional co2 laser versus Erb Yag versus, MNRF, PRP, Transepidermal deliveries, fat grafting, Botulinum toxin, Fillers	Dr. Sharad Mutalik, Dr. Biju Vasudevan, Dr. Salim	Dr. Somesh Gupta, Dr. Shehnaz A Dr. Selvam Dr. Madura C Dr. Niti K Dr. Sanjeev Aurangabadkar

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**Dr. Senkadhir** vendhan100@gmail.com +91 8056597204

**FUN QUIZ (4.45 PM – 5.00PM)**

Coordinator **Dr. Senkadhir Vendhan**

Acharyas **Dr. Rajyalaxmi K, Dr. Debdeep M**



# Blissful Balance

In the true spirit of Gurukul teaching, the Acharyas impart their pearls of wisdom on work, life and more...

- 100000 hours of Practice Patients and Patience: **Dr Ganesh Pai**
- Surviving and thriving 3 decades in dermatology: by being fit and friendly - **Dr Venkatram Mysore**
- Be a winner: **Dr Arun Inamdar**
- Apna Time Aayega: **Dr Anil Abraham**
- Dermatologists without boundaries **Dr. CR Srinivas**

On **17 May 2024** evening 7.00 pm onwards

**Limited Seats Only!  
First Serve Basis!**



presents

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Click on the Web Address for Registration [www.acsigurukul2024.in](http://www.acsigurukul2024.in)

Dr T Salim President Dr Pradeep Kumari Secretary General

Dr Shyamanta Barua Immediate Past President Dr Jagadish Sakhiya Vice President

Dr Shehnaz Arsiwala Vice President Dr Nitin Barde Treasurer

Dr T Sriharsha Joint Secretary Dr Yogesh Bhingradia Joint Secretary

Dr BS Chandrashekhar Academy Chairperson

Dr Biju Vasudevan Academy Chairperson Dr Sandeep Arora Editor JCAS

**Course Curators**

Dr BS Chandrashekhar | Dr Biju Vasudevan | Dr Swapnil Shah

**ACS(I) Gurukul Coordinators**

Dr Feroz K | Dr Fabin Thanveer | Dr Geetha Gopalakrishnan

Dr Naguesh Kakode | Dr Ali Rishad

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